

Information Guide

Topic: Food and Hunger Awareness

Who?- About 795 million people do not have enough food to nourish themselves. That amounts to one in every nine people.

Where?- Most of the world's malnourished people live in developing countries where 12.9% of the population is undernourished.

What?- There are many things you can do to help people who don't have enough food. Here is a list.

- Collect canned foods and deposit them in a local food bank
- Host a meal at your local emergency shelter
- Collect donations or do a fundraiser to get money for food or to donate
- Find an organization like Urban Farmers where you can pick fresh food for people who don't have easy access to it

Why?- It is important for everyone to have access to fresh and healthy food. It is also very easy to help people get fresh food.

How?- Food banks and some emergency dollars rely on people who donate and pick food. Shelters also rely on people to maybe host a meal there or donate food.